

For more information please send in the tear off slip or contact:

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**We look forward to hearing from you.**

You can find more information about our work on our website



[www.diabetes-healthnet.ac.uk](http://www.diabetes-healthnet.ac.uk)

**Diabetes Managed  
Clinical Network**

## **Getting Involved In Improving Diabetes Care**

Patients and carers  
making a difference



**NHS**  
Tayside



**Tayside  
Diabetes  
MCN**

## Is it for me?

Do you have diabetes or are you the carer of someone with diabetes? This is your chance to use your experiences both good and bad to benefit others. Getting involved in the Diabetes Managed Clinical Network means you can be heard and make a difference.

## What is the Diabetes Managed Clinical Network?

The network is a group of healthcare professionals and patient representatives working to improve people's experience of diabetes care in Tayside. Our aim is to provide high quality services no matter where in Tayside you live.

## How can I get involved?

There are a number of ways you can be involved in the network.

We need patient and carer representatives to:

- Be part of network meetings
- Review specific pieces of work
- To tell us your story of your experiences of diabetes care
- To be on mailing lists for newsletters or questionnaires about services.

## What would I be asked to do?

You can choose to become as actively involved as you feel comfortable with or have the time to. You do not have to take up any project if you don't think it is right for you.

Alternatively you can just put your name on our mailing list and get information on patient focused events e.g. conferences.

## Simply share your experience

If you feel unable to get involved but would simply like to share your experience of diabetes services, we would also welcome this. Please write to the address, email or telephone the number overleaf.



I would like to know more about becoming involved in improving diabetes services or telling my story.

I would like to put my name on the mailing list for information about events.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_